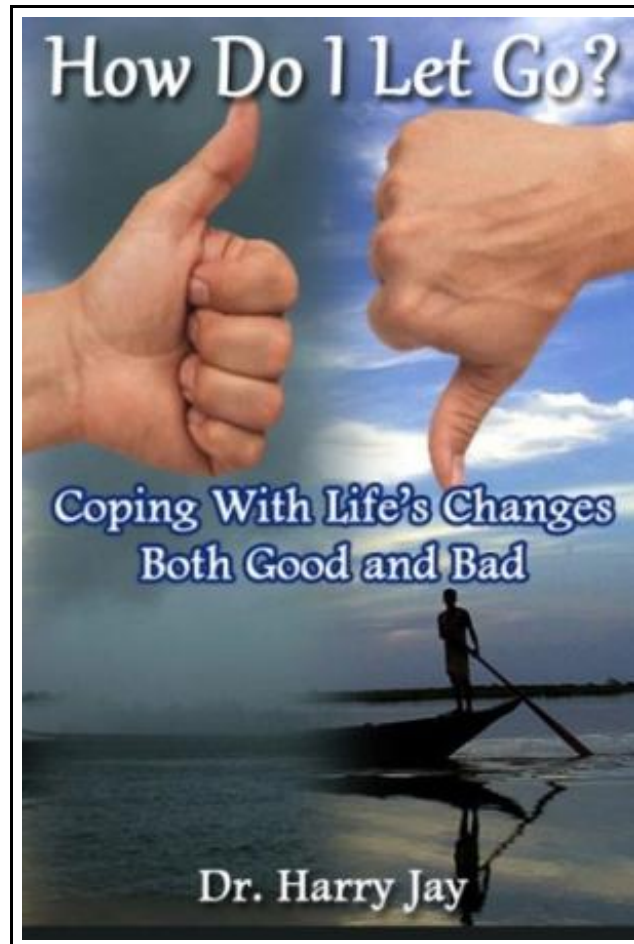


## How Do I Let Go Coping with lifes changes both good and bad



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