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Anness Publishing. Paperback. Book Condition: new. BRAND NEW, Healthy Thai Cooking: 80 Great Recipes: Low-Fat Traditional Recipes from Thailand, Burma, Indonesia, Malaysia and the Philippines - Authentic Recipes Shown in Over 360 Mouthwatering Photographs, Jane Bamforth, Although Thai cooking can be high in fats, this cookbook makes clever use of traditional ingredients - coconut cream, peanuts, pork and beef - to retain all of the authentic taste but little of the fat. Here are low-fat versions of best-loved dishes such...

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