



Shadows and Silhouettes

By Sharday Cage

Sakura Publishing Technologies, United States, 2013. Paperback. Book Condition: New. Desislav Iliev (illustrator). 216 x 140 mm. Language: English . Brand New Book ***** Print on Demand *****. What happens in the home, stays in the home, a familiar saying Sharday heard from her mother over and over again as a child and even still to this day. Writing her personal memoirs and most intimate secrets was almost like cheating to her as she confided in paper as a way to let go of the shame and embarrassment she felt for a long time by holding onto the past. Sharday discusses the growing pains of a child to a young adult such as living with a single parent, family members who suffered mental illnesses, and her own loves lost. Sharday for the first time really opens up her own personal life in a very vulnerable and intimate way where every poem is her experience and her story. This collection of prose is a standout because she is able to take the painful and troubling memories and experiences and communicate it to her readers in a beautiful way. The beauty existing in the pain is the revelation that she is free.



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